

Kentucky CSHCN 2015 Maternal Child & Health Application/2013 Annual Report – Summary

Each year, states are required to submit an Application and Annual Report for Federal funds for their Maternal and Child Health Services Title V Block Grants. The Kentucky Department for Public Health is the lead Kentucky grantee, but federal guidance requires that at least 30% of Title V funding be allocated for services for Children and Youth with Special Health Care Needs (CYSHCN).

Services for CYSHCN are administered in Kentucky by the Commission for Children with Special Health Care Needs (CSHCN) and include providing and promoting family-centered, community-based, coordinated care (including care coordination services) for CYSHCN and facilitating the development of community-based systems of services for CYSHCN and their families.

This document summarizes the draft application & report of the portion of the Application and Annual Report pertaining to CYSHCN. If you would like a more in-depth report or have any questions, you may contact Mike Weinrauch at (800) 232-1160, ext. 2026, or via e-mail at mike.weinrauch@ky.gov.

Overview

The overview section puts CSHCN services into context within the healthcare delivery system as a whole, discusses the capacity of the agency to promote the health of CYSHCN, and describes organizational relationships among human services agencies serving CYSHCN. The overview is updated annually.

Some factors discussed in the narrative update for 2015 include:

- Efforts to expand services to previously unenrolled CYSHCN, including those lost to follow up on newborn hearing screening;
- New initiatives to meet the needs of underserved populations, such as Spanish-speaking, those with ASD, and those with muscular dystrophy;
- Services as “kynectors”;
- Development of data analysis capacity;
- Expanded use of Telemedicine services;
- Partnerships to expand medical care to children in foster care;
- Provision of hearing screening equipment to First Steps Early Intervention points of entry; and
- Plan to develop relationships with Medicaid as implementation of managed care arrangements continue.

National Performance Measures are measurements of results or achievements on specific outcomes. These are common measurements that all states report on yearly. CSHCN has responsibility for reporting on 6 National Performance Measures.

Satisfaction & Family Partnership – this year’s indicator: 96.8%

CSHCN attempts to elevate the role of families so that they are involved in decision-making – both in direct care, and at the organizational level. Key elements of this strategy are the Family to Family Health Information Center program, a Parent Advisory Council, and a Youth Advisory Council. Satisfaction is evaluated through clinic comment cards. A new process is the initiation of formal nursing assessments and the development of care plans as needed.

Medical Home – this year’s indicator: 94.6%

CSHCN recognizes that the medical home concept represents the standard of practice. The Pinkstaff Medical Home Clinic, a collaboration with the University of Kentucky, provides primary care and care coordination for children involved with the child welfare system (and other CYSHCN). CSHCN now supports a similar service in the Louisville area, in coordination with the Home of the Innocents. CSHCN advocates the development of medical homes, works in partnership with those medical homes that

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exist, and educates families about what a medical home is and its importance.

Insurance Coverage – this year's indicator: 96.8%

Uninsured rates among CSHCN enrollees remain low. The agency provides premium assistance for the Cystic Fibrosis and Hemophilia communities. Staff assist with Affordable Care Act implementation as "kynectors". The agency continues to work with managed care organizations administering the state's Medicaid program. Plans include continuing to inform the public about solutions through social media formats.

Ease of Use of Community-Based Service System – this year's indicator: 96.3%

The CSHCN program fills a gap in direct health services by providing specialty clinics in regional offices across the state. Beyond the provision of medical services, CSHCN staff assist families to navigate systems of care, through care coordination, social work advocacy, nursing consultation to child welfare personnel, and referrals for services. CSHCN staff work to advance integrated care systems for CYSHCN through outreach and interagency partnerships. Strategic planning identified specific ways to improve the agency's services and specific goals have been referenced – collaboration, marketing and outreach, improvement of services and identification of service gaps, telemedicine, and provider recruitment/retention.

Transitions Services – this year's indicator: 54.9%

CSHCN endeavors to provide services to youth to ensure that they can make transitions to all aspects of adult life, including health care, work, and independence. A revised transition checklist was implemented in October, 2012, in order to better partner with youth and improve upon family participation in individualized planning. Staff are actively engaged in Regional Interagency Transition Teams, and share information and resources at events such as job and transition fairs. In the coming year, the agency is exploring the possibility of creating a peer mentoring network, and replication of a pilot project involving enhanced nursing transition to help youth find adult medical homes continues.

Newborn Hearing Screening – this year's indicator: 96.7%

Hospital scorecards have been developed and implemented. Efforts toward reducing loss to follow up continue. A pilot program partners the Early Hearing Detection & Intervention program with health departments in one area to obtain demographic information from the WIC program to reach parents.

State Performance Measures are additional measures selected by Kentucky based on identified priorities and the state's own unique needs. CSHCN has responsibility for reporting on 2 State Performance Measures.

Reduce Obesity – this year's indicator: 35.8%

The agency continues to make efforts to reduce obesity and overweight through its Healthy Weight Plan. Clinic environments are adorned with posters and materials encouraging healthy eating and activity, and the 5-2-1-0 campaign. Dietitians have conducted trainings statewide and remain available to assess patients and provide technical assistance to regional offices.

Implement Transitions Action Plan – this year's indicator: 86.5%

CSHCN's Transitions Coordinator oversees continued progress toward the 13-point plan designed to improve the agency's capacity to provide transitions services. New processes such as an improved transitions checklist, outreach at the 14th, 16th, and 18th birthday, requiring signatures of youth on medical forms, increased activity of the Youth Advisory Council, support to CYSHCN regarding accommodations available to enable management of healthcare issues in educational settings, and the transmittal of medical records to adult providers are established elements of practice. Other plan elements are in various states of implementation and continue to receive agency attention.